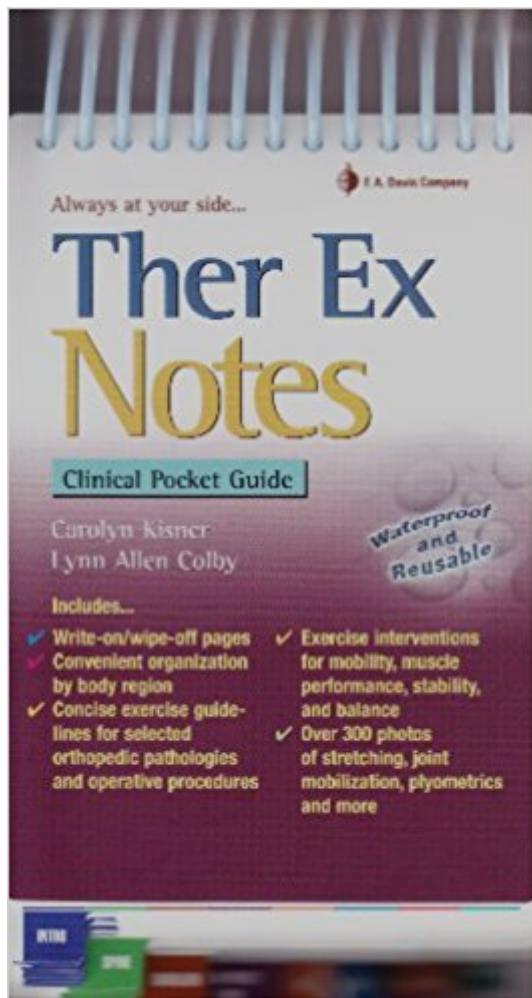


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# Ther Ex Notes: Clinical Pocket Guide (Davis's Notes)



## Synopsis

A DAVISÂ™S NOTES BOOK! Authors Carolyn Kisner & Lynn Colby apply their expertise in therapeutic exercise to the ideal reference for class or clinical. Organized by body region, this handy pocket-sized guide presents the guidelines, photographs, and descriptions you need to manage patients with a variety of musculoskeletal or neuromuscular conditions. Following DavisÂ™s Notes Seriesâ™ signature style, this reliable title features write-on/wipe-off pages for note taking, while thumb tabs and a spiral binding help you find what you need. Â

## Book Information

Series: Davis's Notes

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Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (62 customer reviews)

Best Sellers Rank: #49,950 in Books (See Top 100 in Books) #47 inÂ Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Physical Therapy #60 inÂ Books > Medical Books > Allied Health Professions > Physical Therapy

## Customer Reviews

I'm a Physical Therapist Assistant, and oddly enough, we don't learn much exercise in school. I got this out of total desperation, and it was such a big help. Its full of exercises and stretches for shoulders, wrists, hips, knees, ankles, spine and balance exercises. As a newly employed PTA, I still use this. I also have Ortho Notes and Sport Notes and they are also both great. Its water proof, so the books will last for years. I highly recommend this!

This is a great product: it's handy for review, for students during clinicals, and I would imagine recent graduates will also appreciate it. It is small enough to be unobtrusively available, and well-organized enough to let you flip where you want for a quick review. It also gives information on common surgeries - including indications, contraindications, etc. Which I found great.

This little book is fantastic. I haven't gotten much chance to use it just yet, but I know that it will come in handy when I go to my outpatient physical therapy clinical come March. I just looked through it enough to know it will end up being used quite often when I'm trying to think of exercises for my patients to do. I love that it's portable, so I can have it near me all the time.

I have used this as a quick reference while doing my clinicals and found it really helpful. In an age of electronics this booklet shines! The content is well laid out, easily accessible, and compliments the book very well.

It is easy to access, very convenient to carry around. The pocket guide has clear, color pictures that explains the exercises concisely. It also says what is the purpose of each exercise, which I think is key.

As a PTA student, we are required to put together "protocol notebooks" for commonly seen diagnoses in the clinic. This is far superior to what I would have put together on my own and provides necessary information for tx of a wide variety of conditions, including precautions and contraindications. Worth the money!

This is a really helpful tool! I use it to refresh my memory without having to lug a big book around.

My cousin who is in school to be a physical therapist requested for this pocket guide and she absolutely loves it! It is waterproof so when she cries while she is studying because of how much studying she has to do it doesn't ruin the pocket guide. Worth the buy!

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